



# Meetings & Gaming

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University of North Texas

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photo credit

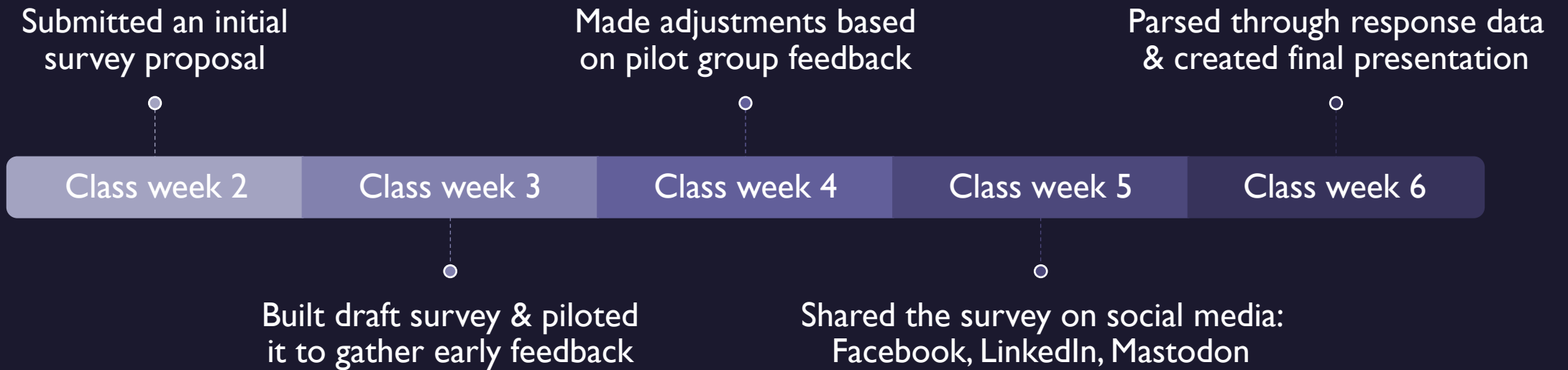


# Executive summary

At Microsoft, my job is to build games that run within Teams. I wanted to gain insight into what we might create next.

At the time of this writing, there were 105 total respondents. People claimed to prefer board games, but survey data shows they tend to play video games far more frequently.

# Meetings & Gaming survey timeline



# Research methodology

I built a survey using Qualtrics that started with three simple questions:

- Do you use meeting apps?
- Do you enjoy video games?
- Do you enjoy board games?

From there, I presented more questions on each category if applicable. I also prompted respondents to enter their favorite games and describe what they like/dislike about them.



# Findings

The top three **video** game categories were:

1. Word games
2. Puzzles
3. Action RPG

The top three **board** game categories were:

1. Party games
2. Cards
3. Word games

Zoom was the most popular meeting app, followed by Teams.

Respondents tend to meet online with coworkers several times per week. They like the convenience and feel productive; but said there are too many meetings overall.

More people claimed they prefer **board** games, but data indicates that respondents spend far more time playing **video** games.

Breath of the Wild and Settlers of Catan were popular answers as write-ins for people's favorites.



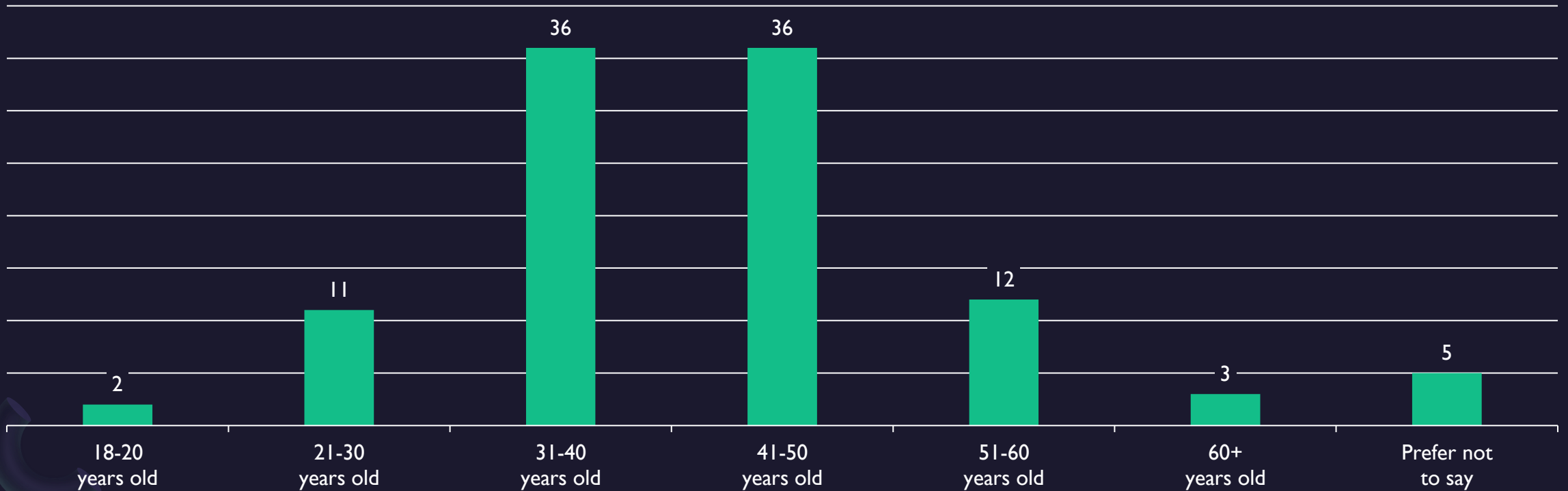
A network diagram consisting of white circular nodes connected by thin white lines, set against a dark blue background with a subtle bokeh effect. The nodes are arranged in a complex, interconnected pattern, resembling a social network or a data structure.

# Demographics

I wanted to get a sense of how old each respondent is, and whether this correlates to their usage of meeting apps or games.

# Q1: How old are you?

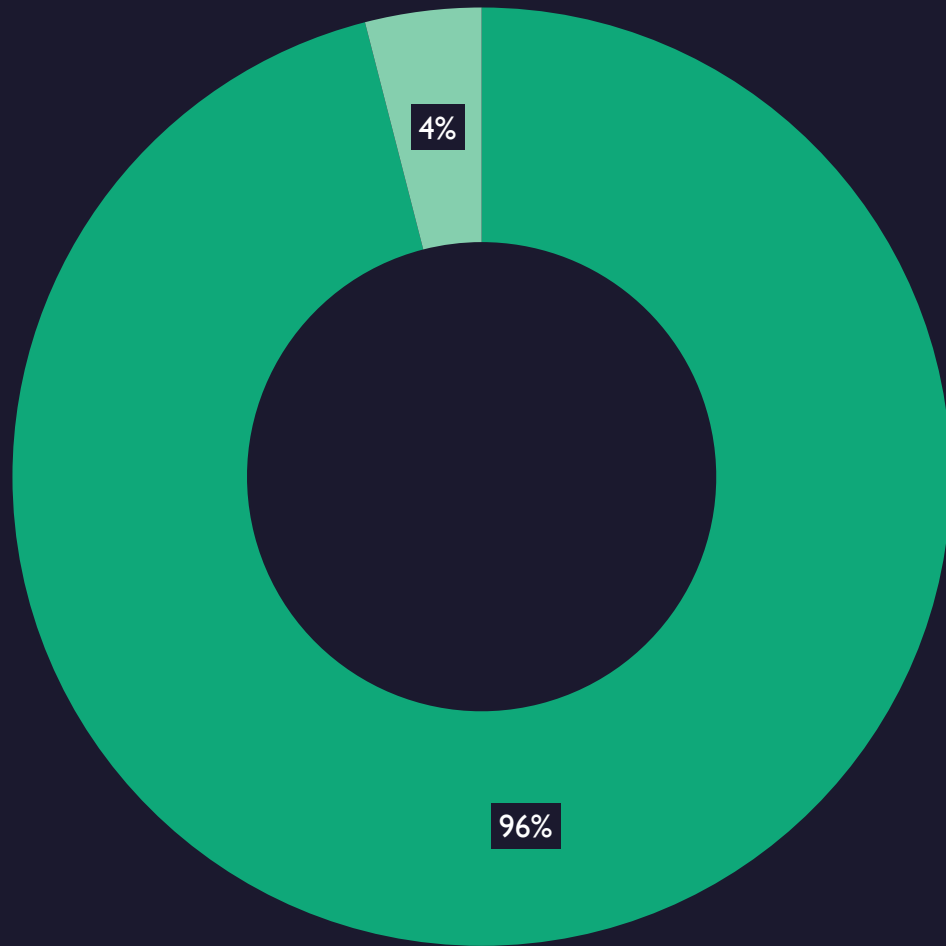
Age of survey respondents



# Intro questions

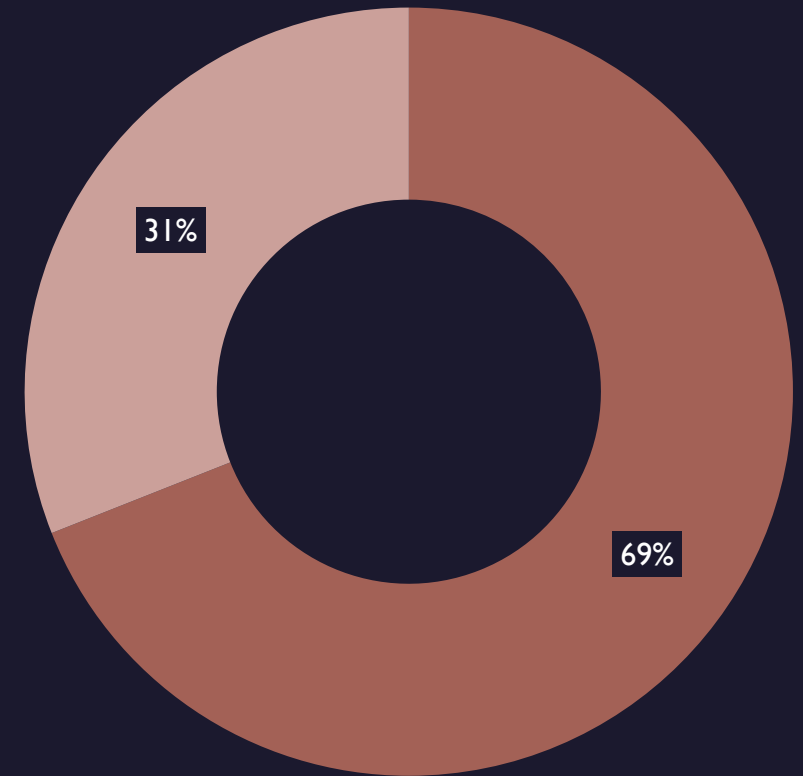
The logic of each intro question was conditional. If respondents answered “yes” then a more extended set of survey questions was presented to them.



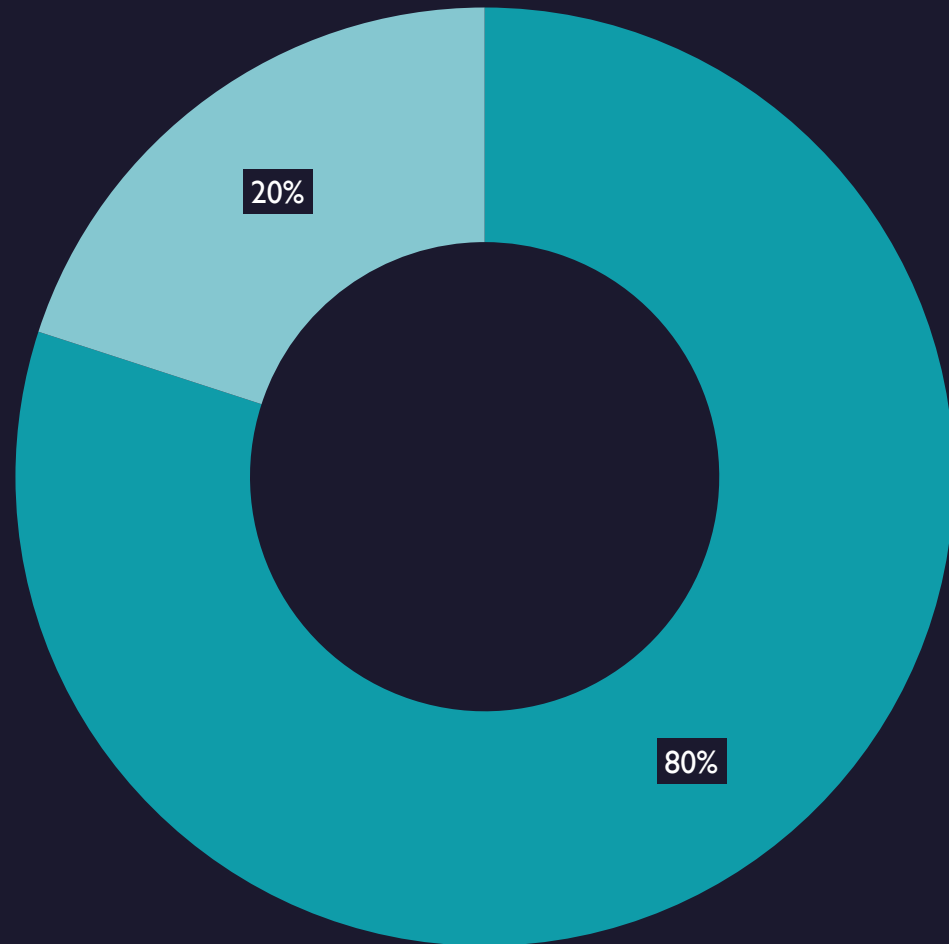


Q2: Do you have online meetings with friends, family, and/or coworkers?

# Q3: Do you enjoy **video** games?



■ YES ■ NO



Q4: Do you enjoy **board** games?

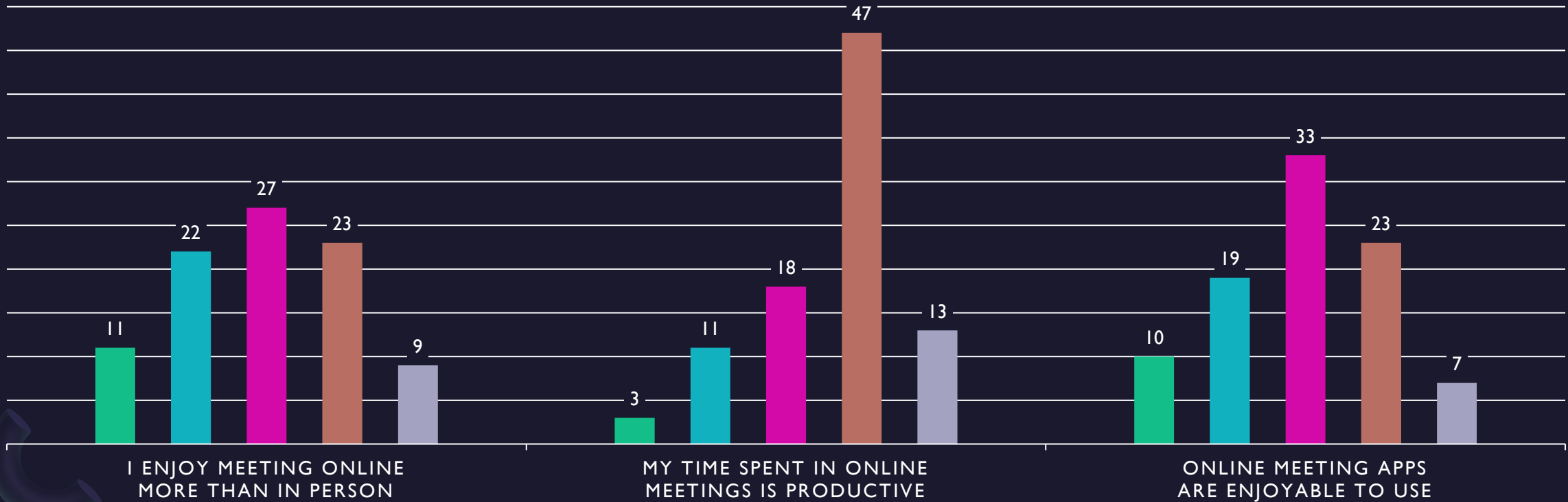
■ YES ■ NO

# Online meetings

The following set of questions pertain to those who answered “yes” when asked if they use online meeting apps.

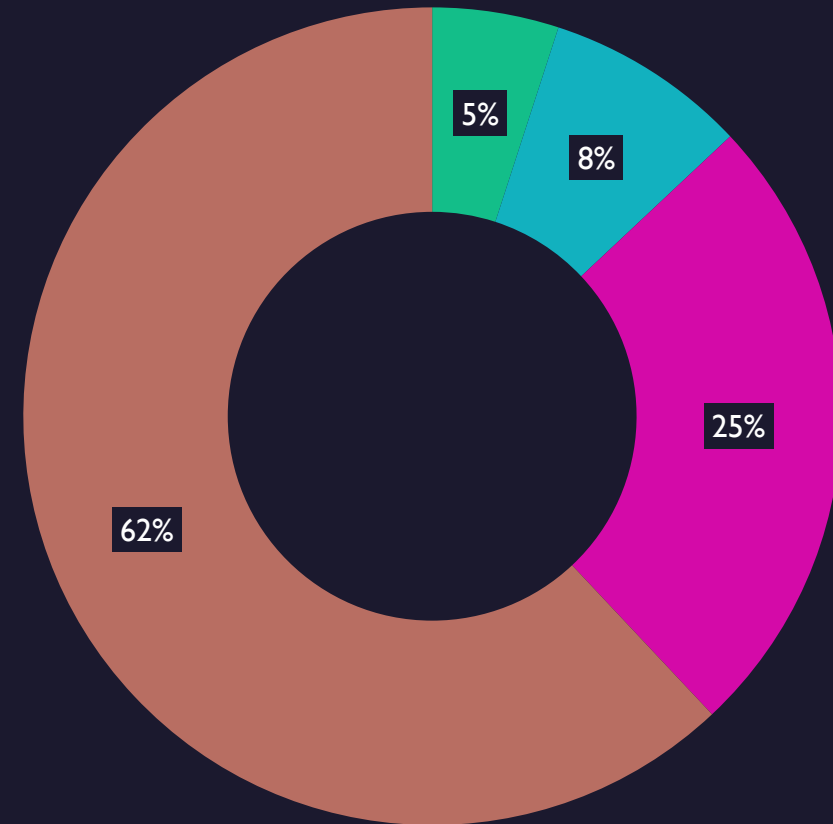
# Q5: Rank the following statements

■ Strongly disagree ■ Somewhat disagree ■ Neutral ■ Somewhat agree ■ Strongly agree



# Q6: How often do you have online meetings?

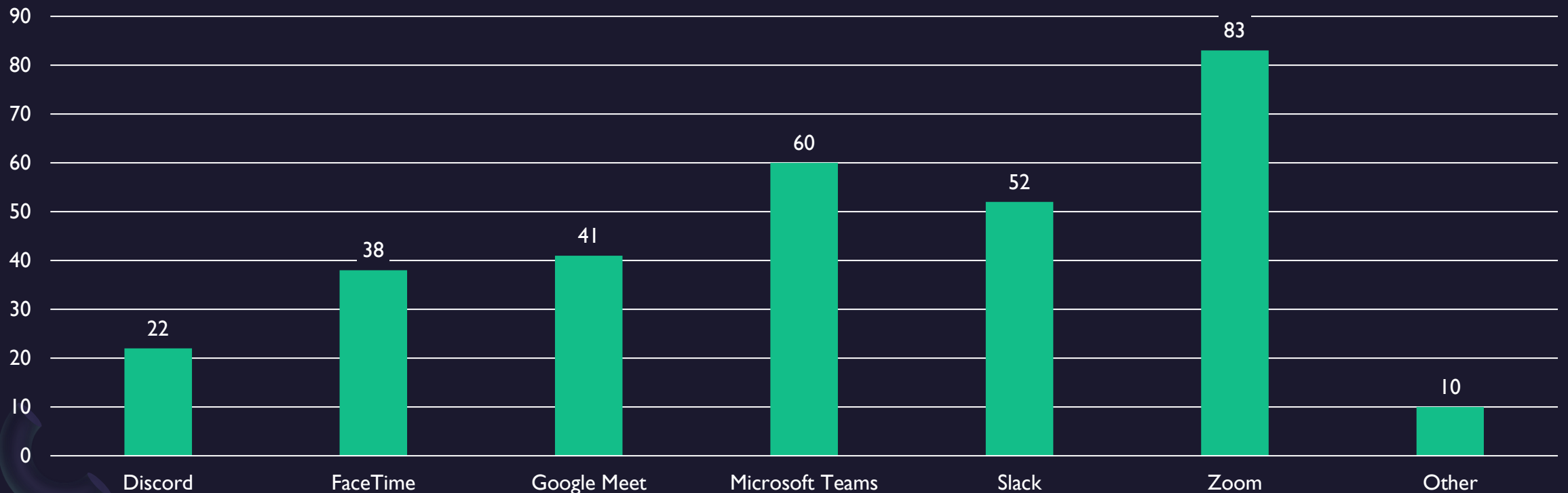
Respondents who answered “yes” to meeting online



■ A few times per year ■ A few times per month ■ A few times per week ■ Every day

# Q7: Which of the following online meeting apps do you use?

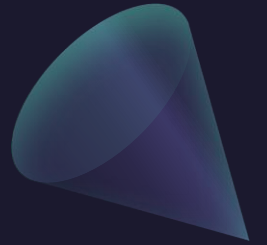
Respondents could choose multiple answers



# Q7: Other meeting apps

## RESPONDENTS SAID...

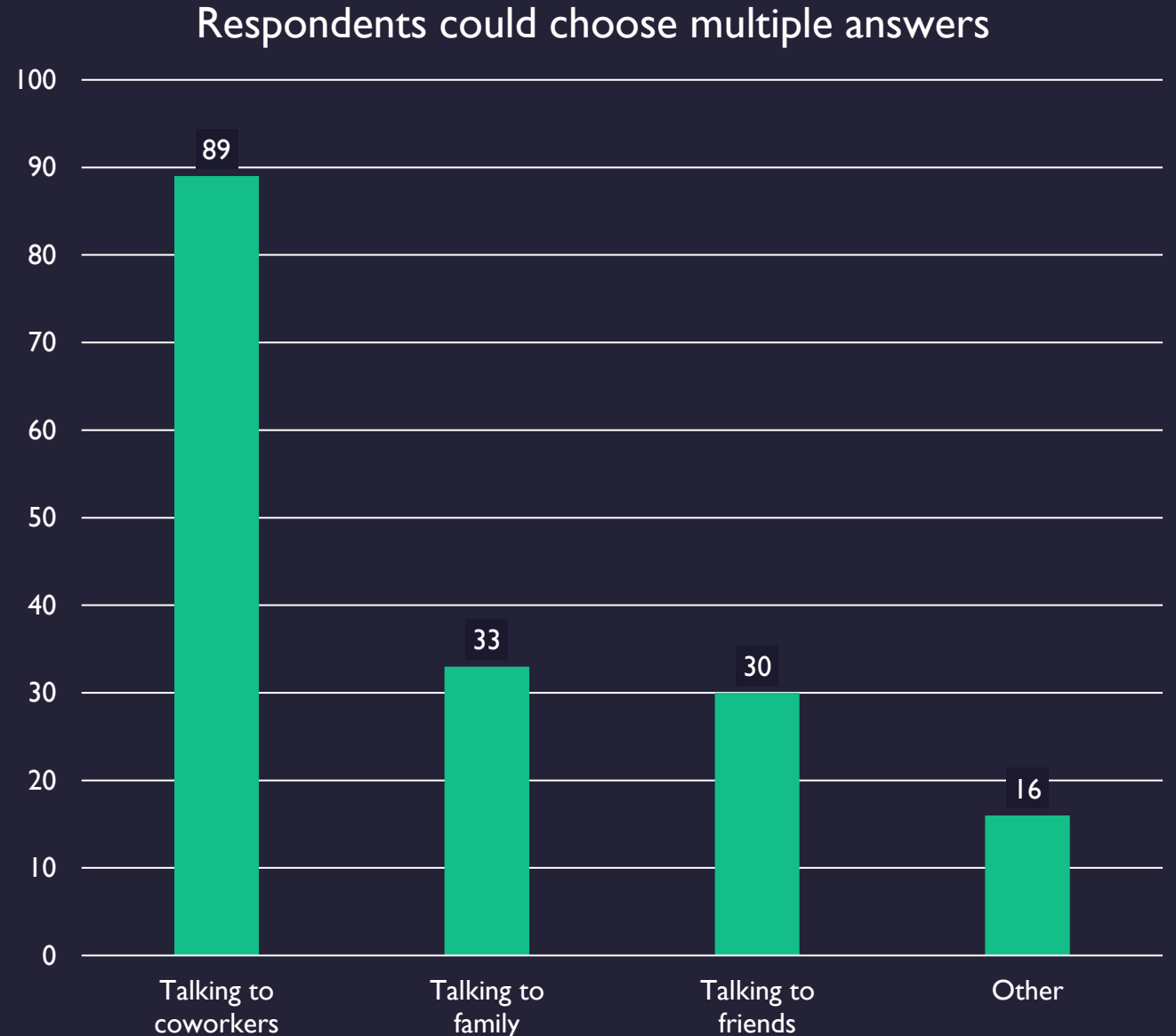
- Around.co
- BigBlueButton
- Figma Huddle
- Instagram Direct Messenger
- Jitsi Meet
- Oculus Quest
- RingCentral
- Signal
- Skype
- Webex





Q8:

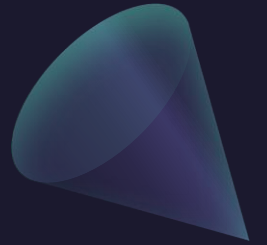
Generally,  
what is the  
purpose of  
your online  
meetings?



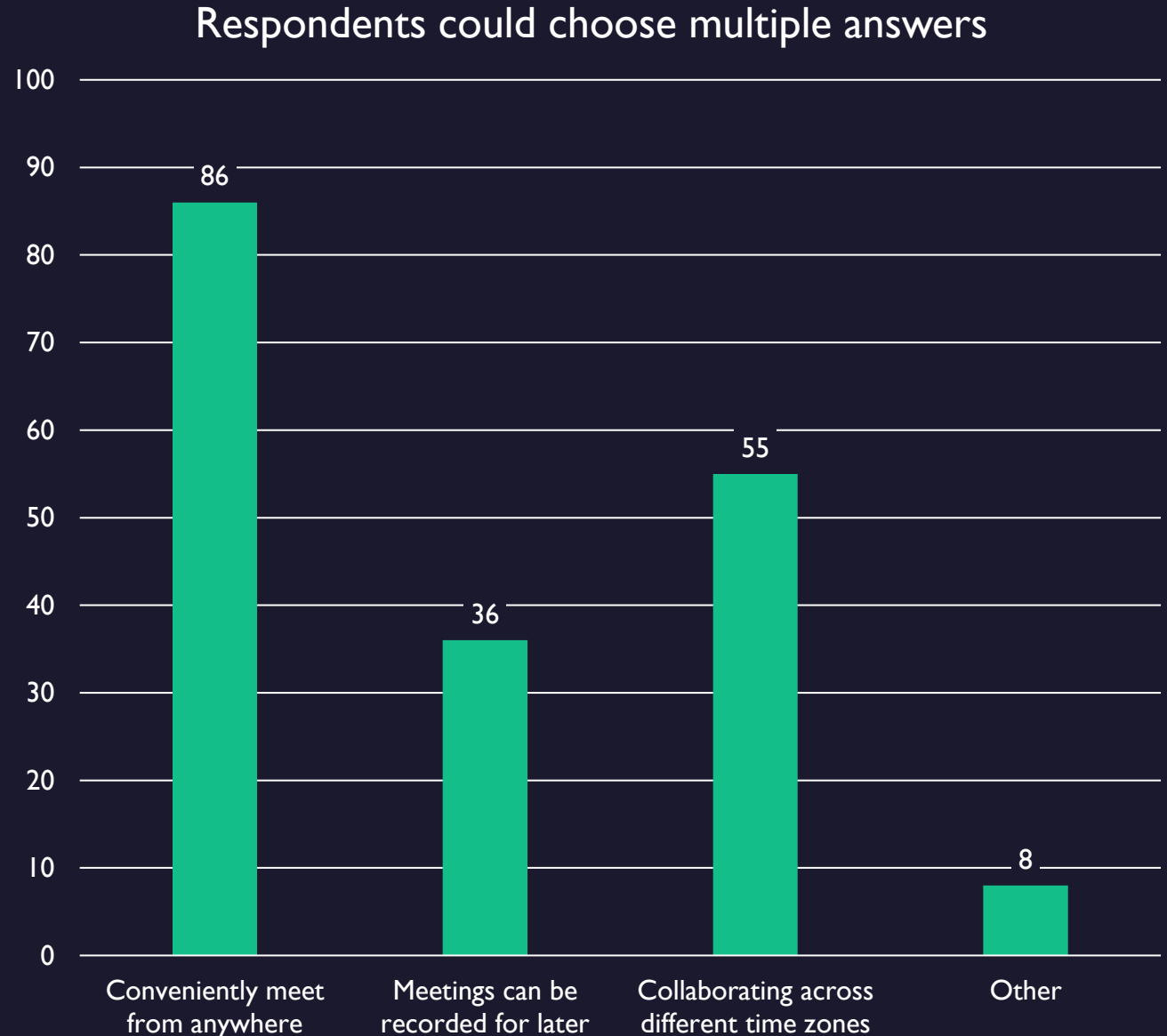
# Q8: Other meeting purposes

## RESPONDENTS SAID...

- Board games.
- Class projects.
- Mental health therapy.
- Mentoring.
- Networking.
- Online interest groups.
- Open-source projects.
- Role-playing games.
- Talking to clients.



# Q9: What do you like **most** about online meetings?



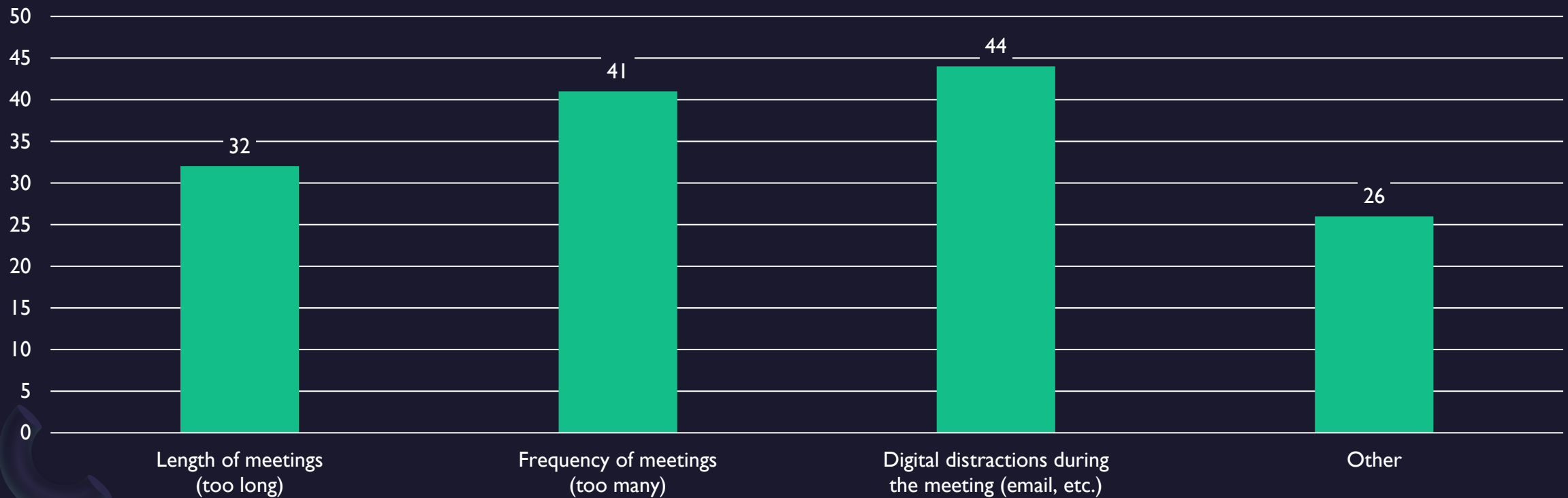
# Q9: Online meetings - likes 👍

## RESPONDENTS SAID...

- At home, familiar environment.
- Can mute or go off camera.
- Easy to step away (bathroom break).
- Live transcriptions.
- No commute.
- No travel logistics.
- See visual reactions, when on video.
- Skip booking a conference room.


# Q10: What do you like **least** about online meetings?

Respondents could choose multiple answers



# Q10: Online meetings - dislikes

## RESPONDENTS SAID...

- Attendees not focused.
- Crosstalk and interruptions.
- Flow of conversation is unnatural.
- Hard to maintain eye contact.
- Lack of attendee participation.
- Prefer in-person experiences.
- Staring at screens for a long time.
-  Their very existence runs against the grain of everything that we know contributes to wholistic health.

# Q11: Making meetings more enjoyable

## RESPONDENTS SAID...

- Agenda with clear purpose outlined.
- Async video (Loom & TikTok).
- Better video resolution and framerate.
- Encourage attendees to be concise.
- Interactive to-do list on screen.
- Mute all except for presenters.
- Record resulting action items.
- Stick to a schedule and itinerary.
- 🗣️ Permanent options based on meeting type (work, personal) — displaying chat, audience, sharing, etc.

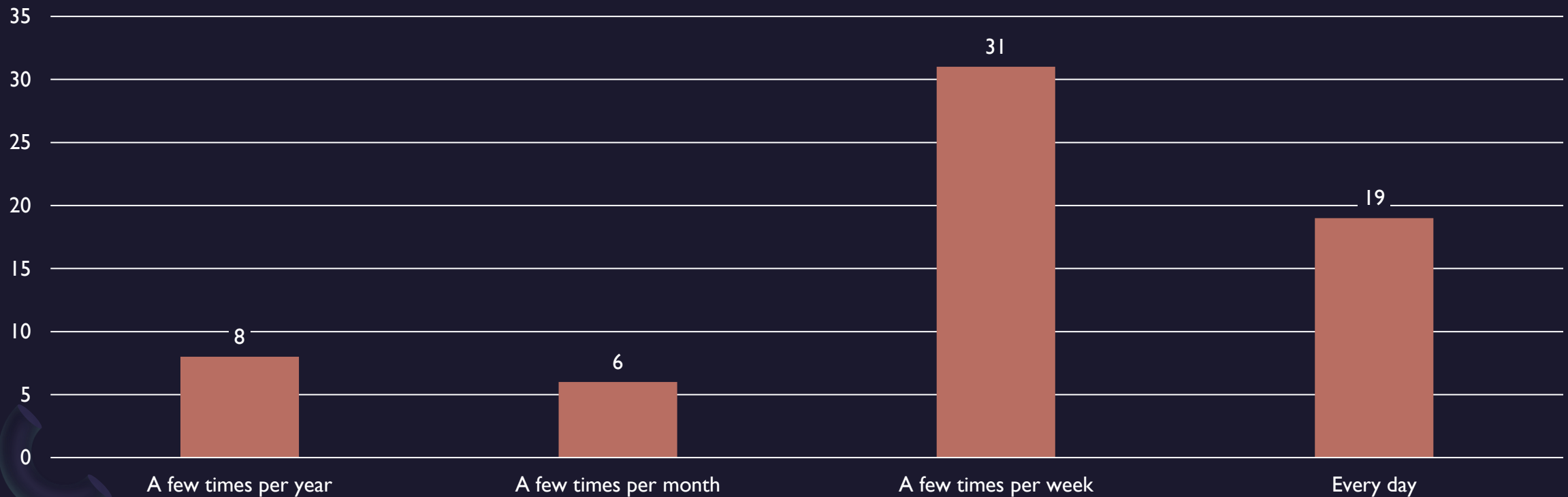
# Video gaming

The following set of questions pertain to those who answered “yes” when asked if they enjoy playing *video* games.

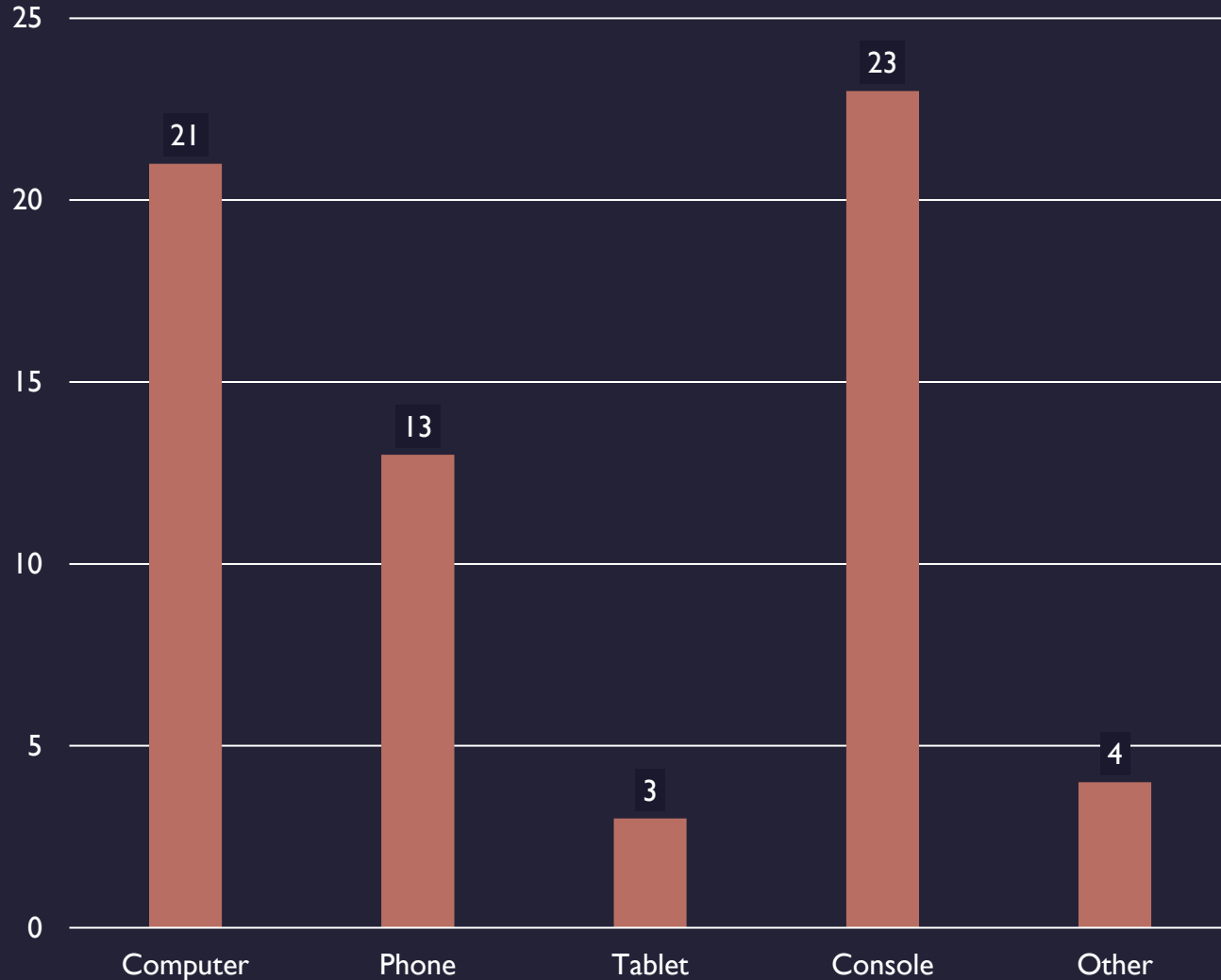


# Q12: How often do you play **video** games?

Respondents who answered “yes” to playing **video** games



Respondents who answered  
“yes” to playing **video** games



Q13: How do  
you prefer to  
play **video**  
games?

# Q13: Other ways to play **video** games

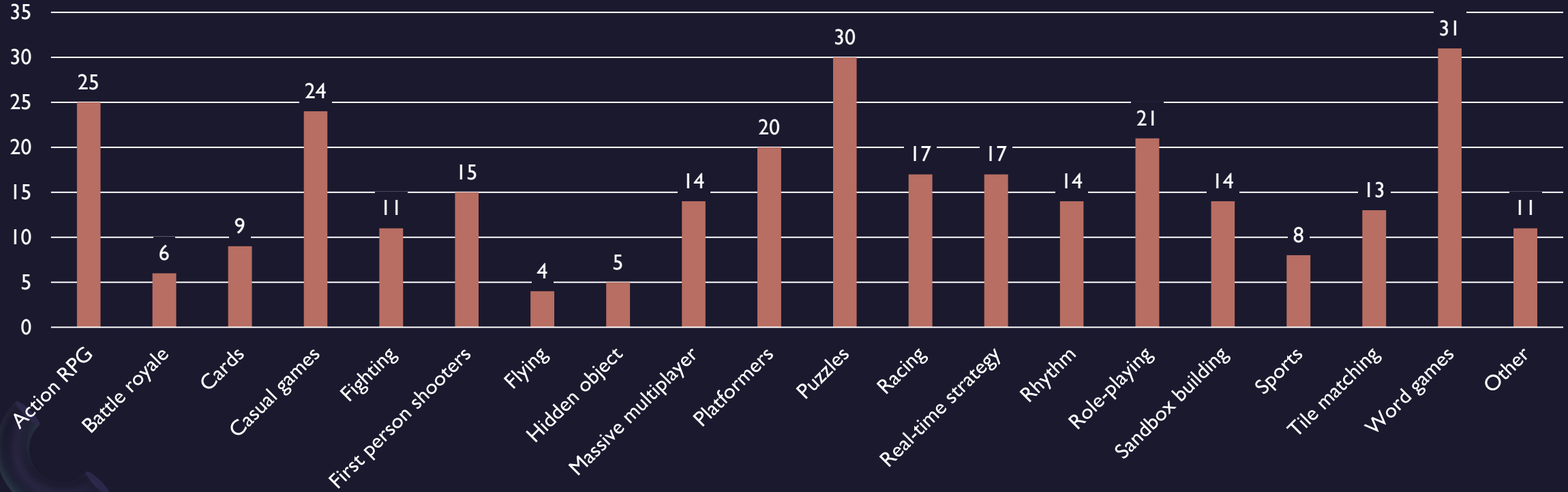
## RESPONDENTS SAID...

- No preference.
- I play on both console and phone.
- I play on both console and computer.
- I play **video** games a few times per year, but I play digital **board** games on my iPad (or computer) daily.

☐ ASIDE: It is interesting how this respondent made a distinction between **video** games and digital **board** games.

# Q14: What **video** game genres do you enjoy?

Respondents could choose multiple answers

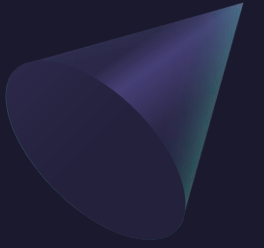


# Q14: Other fun **video** game genres

## RESPONDENTS SAID...

- Adventure.
- Economy & resource management.
- Mobile games.
- Narrative (The Stanley Parable).
- Stealth.
- Story-driven horror RPGs.
- Turn-based games:  
Anteform, Ascendancy, Battle for Wesnoth, FreeOrion, Queen's Wish, Remnants of the Precursors, Skylight (VR), Ultima, etc.

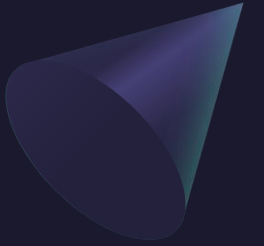
# Q15: Favorite **video** game (1)



## RESPONDENTS SAID...

- Baba Is You
- Call of Duty: Black Ops
- Chess
- Civilization
- Creeper World 2
- Destiny
- Diablo II
- Diddy Kong Racing
- Dishonored
- Division II
- Doom II
- Dwarf Fortress
- Elite Dangerous
- Fire Emblem:Awakening
- Genshin Impact
- Guild of Thieves
- Halo
- Harry Potter
- Hill Climb Racing 2
- Hogwarts
- Hollow Knight

# Q15: Favorite **video** game (2)



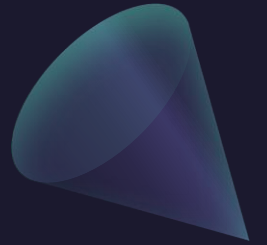
## RESPONDENTS SAID...

- Journey
- League of Legends
- Lego City Undercover
- Minecraft
- Mortal Kombat
- NHL 23
- Nonogram
- Overwatch
- Portal
- Royal Match
- Rust
- Satisfactory
- Skyrim
- Sniper Elite 4
- Spelunky
- Star Wars: The Old Republic
- Stardew Valley
- Super Mario Galaxy
- Super Mario Kart
- Super Mario World
- Tetris

# Q15: Favorite **video** game (3)

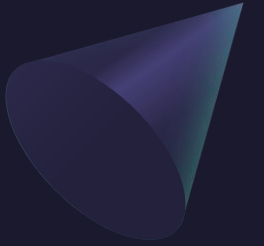
## RESPONDENTS SAID...

- The Legend of Zelda: Breath of the Wild
- The Sims 4
- Two Dots
- Unravel Two
- Valheim
- Virtual Pinball
- Words with Friends
- World of Warcraft





# Q18: Making **video** games more enjoyable



## RESPONDENTS SAID...

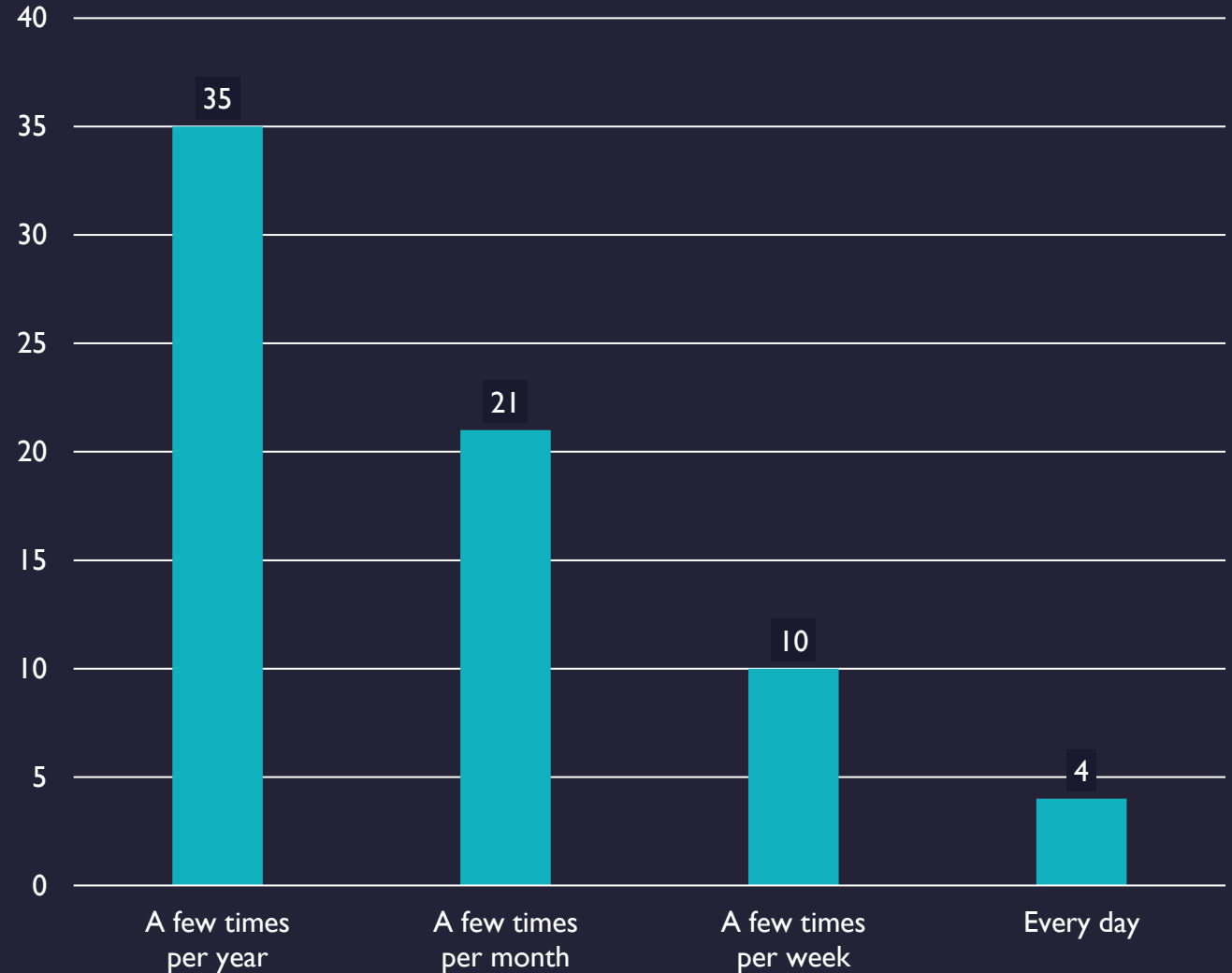
- Add native Linux support.
- Being younger, because enjoyment fades with age.
- Better accessibility.
- Better quality response rates.
- Co-op story with a chat feature.
- Different approaches.
- Easier re-onboarding, for returning players.
- Friendly people, not snarky.
- Functionally endless content.
- Games to “hang out” with friends.
- Less bugs in games.
- More competitive trivia games.
- More console games on PC.
- More interaction, deeper LLM (artificial intelligence) integration.
- More textual role-playing.
- More time to play them.
- My job gets in the way of leisure.
- Open world with less violence.
- Play how you want, not only “meta.”
- Simpler graphics.
- Truly fair playing field.

# Board gaming

The following set of questions pertain to those who answered “yes” when asked if they enjoy playing *board* games.

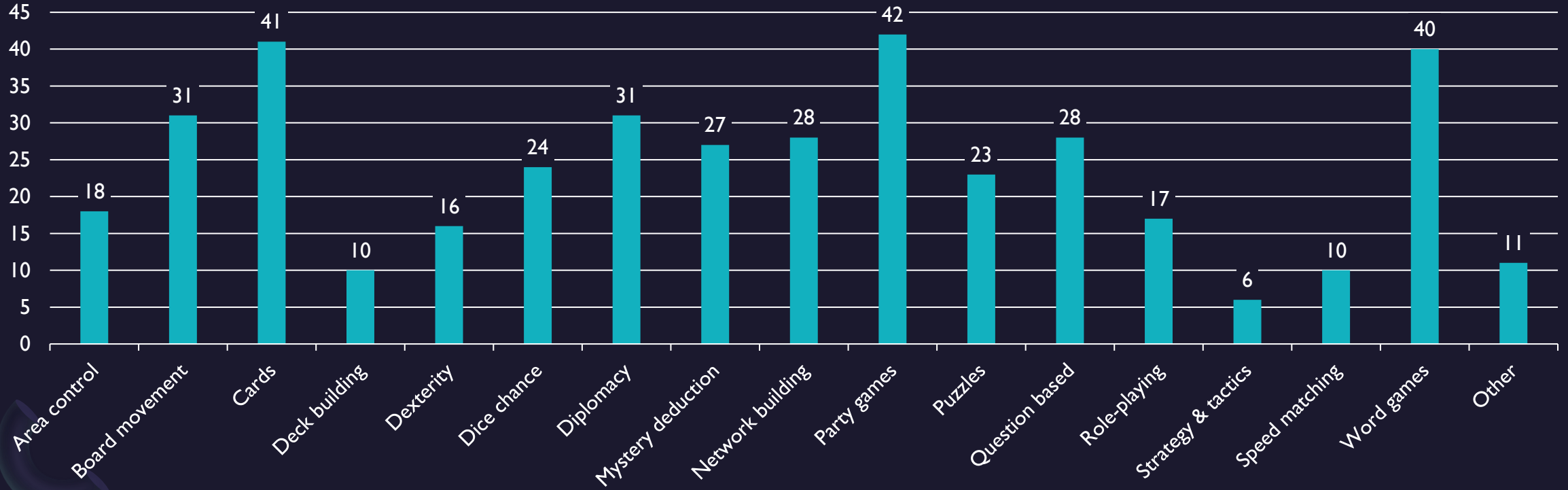
# Q19: How often do you play **board** games?

Respondents who answered “yes” to playing **board** games



# Q20: What **board** game genres do you enjoy?

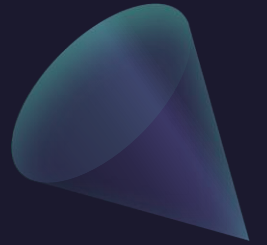
Respondents could choose multiple answers



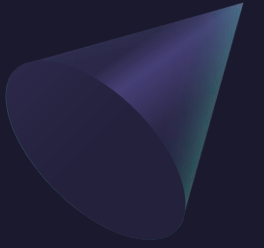
# Q20: Other fun **board** game genres

## RESPONDENTS SAID...


- Canvas
- Chess
- Cooperative
- Dungeon crawler
- Engine building
- Push your luck
- Tile placement
- Worker placement



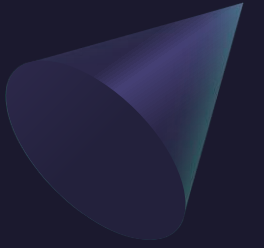
# Q21: Favorite **board** game (1)



## RESPONDENTS SAID...

- Azul 
- Blokus
- Carcassonne
- Cartagena
- Chess
- Chronicles of Crime
- Clue
- Codenames
- Cosmic Encounter
- Cranium
- Cthulhu: Death May Die
- Darkest Night
- Dominion
- Dungeons and Dragons
- Euchre
- Exodus
- GURPS
- Galaxy Trucker

# Q21: Favorite **board** game (2)



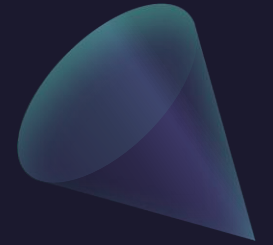
## RESPONDENTS SAID...

- Game of Life
- Gloomhaven
- Karma
- Mahjong
- Monopoly
- Mysterium
- Nemesis
- Obsession
- Parks
- Pente
- Power Grid
- Puzzles
- Risk
- Scrabble
- Scythe
- Sequence
- Settlers of Catan
- Smart Ass

# Q21: Favorite **board** game (3)

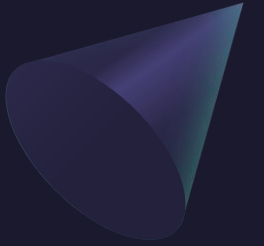
## RESPONDENTS SAID...

- Splendor
- Star Fleet Battles
- Terraforming Mars
- The Fantasy Trip
- Thunderbirds
- Ticket to Ride
- Viticulture
- Wingspan
- Yahtzee





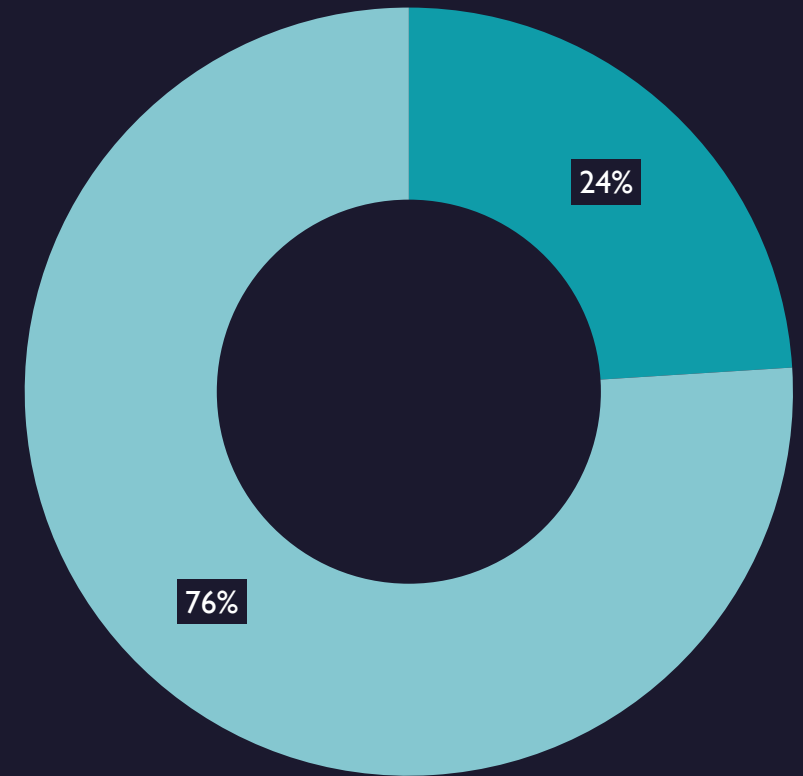
# Q24: Making **board** games more enjoyable



## RESPONDENTS SAID...

- Better quality board that doesn't shift.
- Easier onboarding and instructions.
- Easier setup for a physical medium.
- Easier storage.
- Estimated average game time.
- Flexible number of players.
- Good 2+ player dynamics.
- Lower cost point.
- More low-tech games.
- More time to play them.
- Most people dislike reading rules.
- Not getting overly complicated.
- Owning more variety of games.
- Playing with different cultures.
- Remembering to play, instead of watching TV.
- Simple and memorable official rules.
- Sturdier materials.
- Time limits.

Q25: Is there a **board** game that you'd like as a **video** game?

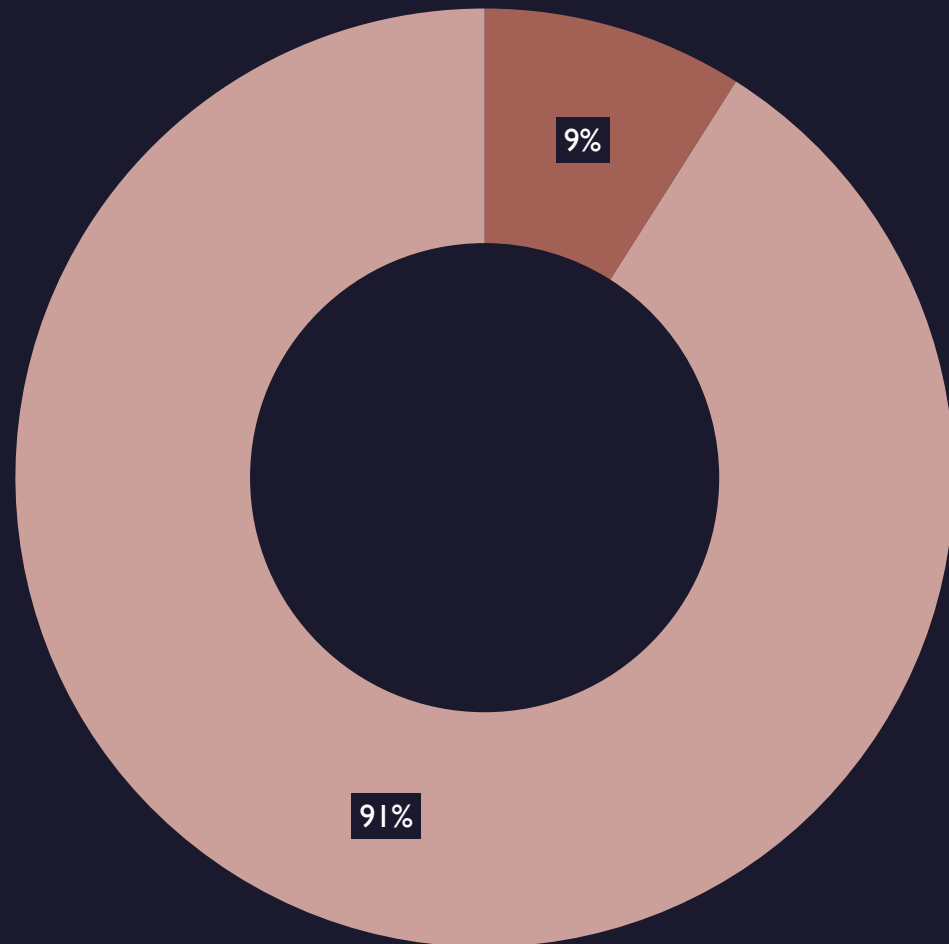


■ YES ■ NO

# Q25: Is there a **board** game that you'd like as a **video** game?

## RESPONDENTS SAID...

- Arkham Horror: The Card Game
- Clue
- Dune: Imperium
- Fire Emblem
- Galaxy Trucker
- Gloomhaven
- ISS Vanguard
- Obsession
- Oltree
- Rail Baron
- Risk
- Settlers of Catan
- Sherlock Holmes Consulting Detective
- Trivial Pursuit
- Uno



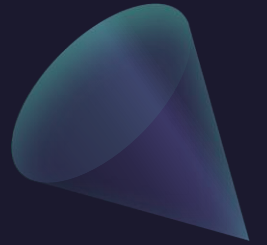
■ YES ■ NO

Q26: Is there a **video** game that you'd like as a **board** game?

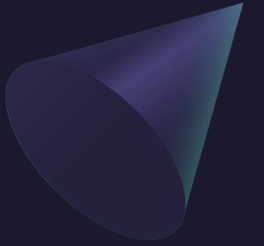
# Q26: Is there a **video** game that you'd like as a **board** game?

## RESPONDENTS SAID...

- 80 Days
- Betrayal at House on the Hill
- Car racing
- Genius Invocation TCG from Genshin Impact
- Slay the Spire



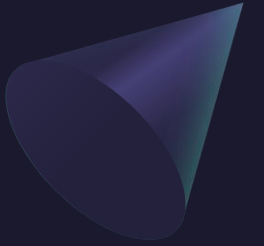
# Q27: If online meeting apps had an option for video games, what game or genre would you like to play? (1)



## RESPONDENTS SAID...

- A “13” game mode
- Action oriented
- Adventure
- Apples to Apples
- Async action RPG
- Cards
- CardzMania
- Clue
- Codenames
- Coup
- Deck building games
- Dominos
- Family Feud
- Finance or economics related
- Jackbox
- Karma
- Miniature golf
- Movement
- Multiplayer Tetris
- Party games
- Pictionary
- Poker

# Q27: If online meeting apps had an option for video games, what game or genre would you like to play? (2)



## RESPONDENTS SAID...

- Pokémon
- Pong
- Pool
- Puzzles
- Racing
- Roll and writes
- Scrabble
- Settlers of Catan
- Seven Wonders
- Simulation
- Snipperclips
- Ticket to Ride
- Tower defense
- Trivia
- Uno
- Variety like Mario Party
- Virtual pinball
- Werewolf
- Word games or Heardle/Wordle
- Yahtzee

## Q28: Anything else you would like us to know?

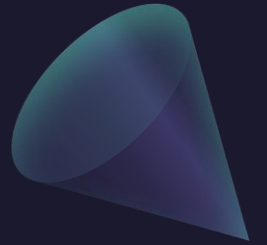
“The best thing is the ability to play games more frequently with friends that live far away. We can game with friends after our kids are asleep since we don’t have to leave the house.”

“I’ve never really been a gamer, but my favorite games growing up were Atari Adventure and River Raid.”

“I’ve used Roll20, Virtual Tabletop, and Foundry. They do okay but lack deep connections to online meeting apps.”

“I play Board Game Arena with friends fairly often and find it a great way to play board games digitally.”

“I love You Don’t Know Jack and other trivia games too.”





# Conclusion

One consistent reason why people said they enjoy playing games is to have fun interacting with friends.

Age does not seem to be a significant factor in whether people enjoy **video** games, though the medium tends to skew toward PC and phone versus console.

Given that respondents said they like **board** games — but do not play them as frequently — I think there may be an untapped market for connecting folks with one another via a “**board** game as **video** game” context.

It was interesting to crunch the data and read about respondents’ favorite games and pet peeves.

Further investigation would be merited, as the sample set was admittedly finite. It was also comprised of people within my broader social circle. So, it stands to reason that I would have like-minded survey respondents.

If you read this far, thank you. I hope that you found the report informative. Perhaps you feel inspired to connect with friends and family to play games?

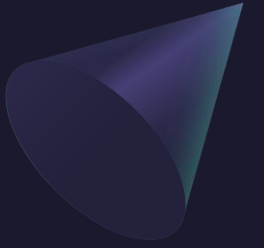




# Appendix

- [Qualtrics survey](#)
- [Excel and PDF data export](#)
- NOTE — The following slides are questions that were in the survey, but the content is somewhat tangential to data in the main presentation.

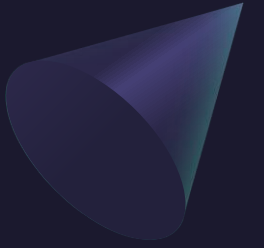
# Q16: Favorite **video** game - likes 👍 (1)



## RESPONDENTS SAID...

- Achievements.
- Aesthetics.
- Art direction.
- Can play mindlessly or mindfully.
- Challenging.
- Character design.
- Collaboration and strategy.
- Competition.
- Completing quests.
- Creative curation and expression.
- Exploring.
- Fighting, graphics, blood and gore.
- Freeform problem solving.
- Gathering loot.
- Genre defining game.
- Graphics.
- Immersive.
- Improving as a player.
- Interacting with other players.
- Interesting story.
- Lasts less than an hour.

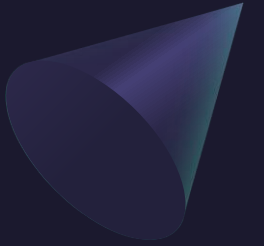
# Q16: Favorite **video** game - likes 👍 (2)



## RESPONDENTS SAID...

- Learn real-world rules.
- Level design.
- Leveling up.
- Mechanics.
- Min/max community for best builds.
- Nostalgia and tradition.
- Open world.
- Procedurally generated and always different.
- Racing against others' best times.
- Relaxing.
- Sandbox.
- Scavenger huts.
- Self-paced.
- Stealth is rewarded.
- Strategy and tactics.

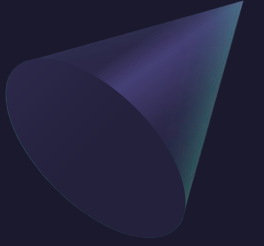
# Q17: Favorite **video** game - dislikes 🗑️ (1)



## RESPONDENTS SAID...

- Addictive, especially for children.
- Already played through it.
- Ancient game.
- Breakable weapons.
- Cannot skip cutscenes.
- Character tropes are one-dimensional.
- Closed world.
- Dwindled online community.
- Enemy AI is dumb.
- Finding arrows.
- Formulaic.
- Gear degradation.
- Getting stuck on a level.
- Glitchy.
- Grinding for currency.
- Haptic delay, unrealistic aspects.
- Hitboxes are inaccurate.
- I can't click fast enough.
- I wish I was better at it.
- Interface is clunky.
- iOS version is worse than PC.

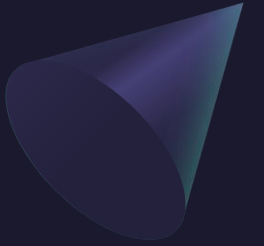
# Q17: Favorite **video** game - dislikes 🗨️ (2)



## RESPONDENTS SAID...

- Needs better racing tracks.
- No hints if I'm stuck.
- Not as accessible as I want.
- Not enough offline play.
- Not enough time to play it.
- One and done, lacks replay appeal.
- Out of fresh content.
- Pay to win, too commercialized.
- Ratio of work/rewards.
- Repetitive.
- Sometimes feels tedious.
- Stressful when engaging with unknown players.
- Too difficult.
- Too immersive, I get hooked.
- Too linear.
- Too long.
- Too short.
- Toxic community.
- Widgets too small on mobile.

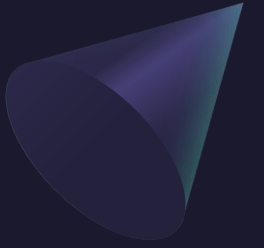
# Q22: Favorite **board** game - likes 👍 (1)



## RESPONDENTS SAID...

- Interesting mechanics.
- Makes my brain work.
- Multiple win conditions.
- Negotiating, optimal strategy.
- Nostalgia and tradition.
- Optional elements of play.
- Pace, chance, strategy.
- Playing with friends.
- Quick to learn, tough to master.
- Randomized cards every time.
- Role-playing and bonding aspect.
- Sci-fi narrative.
- Short game time, but strategic.
- Strategic and tactical elements.
- Verbal skills.
- Well balanced for new/old players.
- Word based.
- Works with many, or single player.

# Q22: Favorite **board** game - likes 👍 (2)

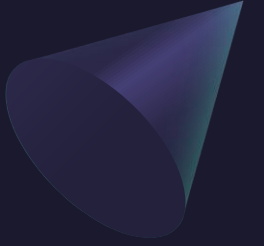


## RESPONDENTS SAID...

- Anything can happen.
- Aspects of trivia.
- Beautiful artwork.
- Challenging.
- Chaotic creative fun.
- Chess reflects one's character.
- Complicated yet accessible.
- Cooperative strategy.
- Different board each time.
- Different skills are required.
- Don't have to think too hard.
- Every game is different.
- Family gatherings.
- Feeling of progression.
- Figuring out a puzzle.
- Funny interactions.
- Guessing clues.
- It's a classic.



# Q23: Favorite **board** game - dislikes 🧠 (1)



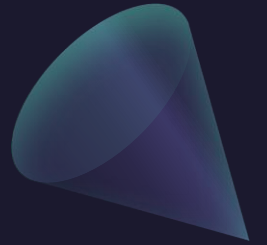
## RESPONDENTS SAID...

- Being outsmarted.
- Can come across as trivial.
- Cards get gross.
- Combat can take too long.
- Content can feel stale.
- Difficult to learn.
- Everyone is upset at the end.
- Finding all the pieces.
- Finding the time to play.
- Having to find all word combinations.
- How unfair dice can be.
- It can get grim/dark.
- It can take too long.
- Limited number of letters.
- Limited player seats.
- My friends don't like it.
- Newbies joining.
- Only works with 3-5 players.

# Q23: Favorite **board** game - dislikes 🧠 (2)

## RESPONDENTS SAID...

- Only works with 4 players.
- Other player's strategies.
- RPGs are becoming too simplified.
- Random dice victories.
- Setup can be complex.
- Some pieces look too similar.
- Some rules don't make sense.
- The clay dries too quickly.
- Tiles don't stick to board.
- Too random, not skill based.



**GAME OVER**

**THANK YOU FOR PLAYING**